exemptions to this rule include liquid medication and baby food, including quantities of breast milk, formula or juice that exceed the 3-ounce restriction.

Flo Jo and Michael Johnson were sipping some strong formula back then

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You can make it pretty strong, a soda can full can be the equivalent of a few Vicodin

I truly do take pleasure in writing but it just seems like the first 10 to 15 minutes are usually wasted simply just trying to figure out how to begin